Create the body of the label by either writing on the fabric with an indelible marker (easier if you iron fabric to freezer paper) or print a label on fabric using one of the fabrics made to go through a printer. Remember to leave at least a half inch border all around.

Choose your "border" fabric and cut it to a length that is the total of the measurement around your label plus about 4". This can be made up of several pieces because you are going to cut four pieces to go around the label. This strip should be cut at 2 1/2" and ironed in half.

Sew this "border" fabric to one end, border fabric on top and raw edges even with the edge of the label. Do this on each end, cut even with the top and bottom of the label, and press to the outside. Do the same thing for the top and bottom of the label but leave about 1" overhang on each edge so that when the "border" fabric is pressed to the outside, you can tuck the overhang under the ends of the side pieces. You now have a label with folds along the outside edge that you can hand stitch onto your quilt.

Suggestion for using the small pieces of fabric left from commercial printable fabric

Print out your label on a regular piece of paper. Take your smaller leftover pieces from the commercial fabric and scotch tape them over the label you just created on the piece of paper. Just tape at the top and bottom of the fabric. Feed this piece of paper through the printer again and it will print on this smaller piece of fabric. Be aware of how your paper feeds into your particular printer so that you know which side will be printed on.

Vicki David