

## "Prairie Point Placemats"

with Carolle LeMonnier

*May 16th, 2013*

Carolle really impressed us with the placemats/centerpieces that she had on our tables for the December holiday buffet. She will demonstrate how to construct these, using pre-printed foundations. If you want to assemble yours at the demo, print the Supply List and prep your fabric. The pieces will be glue-sticked to the foundation and you may take it home to sew it together. No need to bring sewing machines.

Note: All files from this TSW have been consolidated into this one PDF file. There are no additional files.



## Supply List for hot pad/placemat

The pre-printed foundation makes an 8" square. You may already have ordered these through Carolle, or you may order at the TSW for future delivery.



This will be a demo, but if you cut your fabric as indicated below and bring it to the TSW, you may assemble yours and take it home to sew it (and use it as a sample for additional placemats.)

**Fabric:** This design results from 4 fabrics

Fabric one (the most inner star):	1/6 yard	cut 4 @ 3 1/2" square and 1 @ 2" square
Fabric two and three:	1/6 yard each	cut 8 @ 5" square from each fabric
Fabric four:	1/3 yard	cut 4 @ 5" square and 4 @ 6" square

Binding 2 1/4" strip cut from width of fabric

Backing: 9" square

Backs: 9" square

Batting: 9" square Note: For hotpads - 9" square of Insulbright or some other insulating material

## Instructions:

For the 3-1/2" and 5" squares fold in half horizontally, and then fold in half again, and press.

You will end up with a 2-1/2" square of folded fabric - at the demo these will be refolded .

For the 6" squares fold in half on the diagonal to form a triangle. Then fold again so that the tips meet at the corner and press. Your triangle will now be square again.

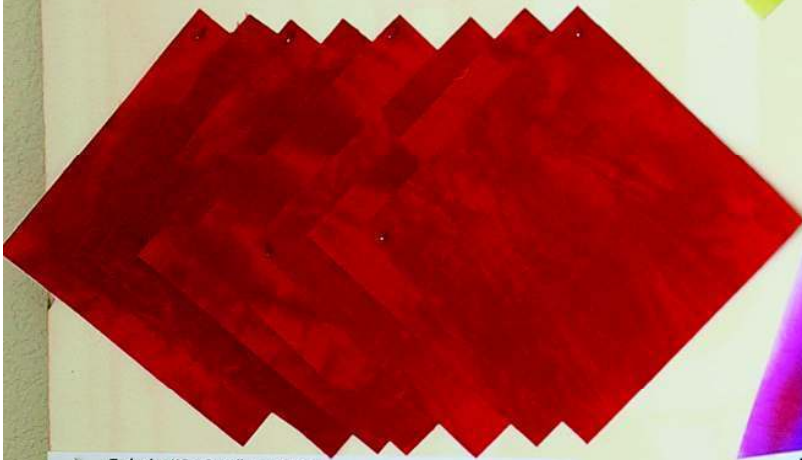
Bring your foundation and your glue stick and your baby/travel iron (optional) and we'll start from there!

For the Folded Star Pot Holder you will need:

Fabric #1: 1- 2" square and 4- 3 1/2" squares



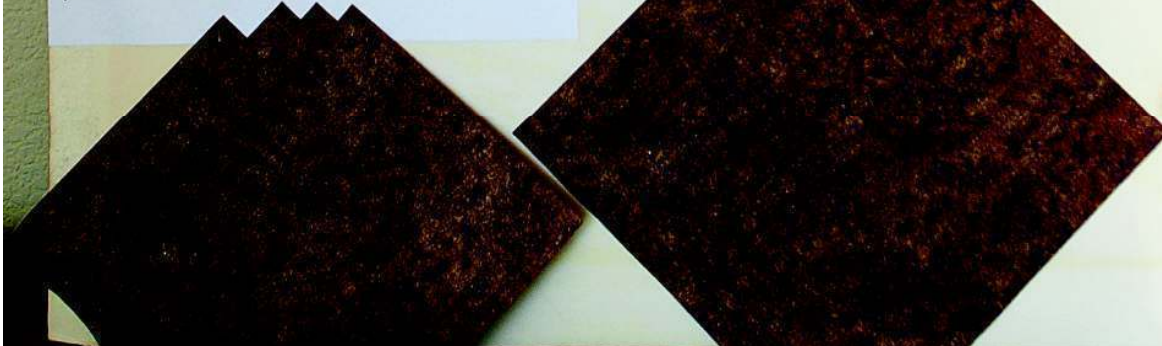
Fabric #2: 8- 5" squares



Fabric #3: 8- 5" squares



Fabric #4: 4- 5" squares and 4- 6" squares



A 2 1/4" binding



A 9" backing



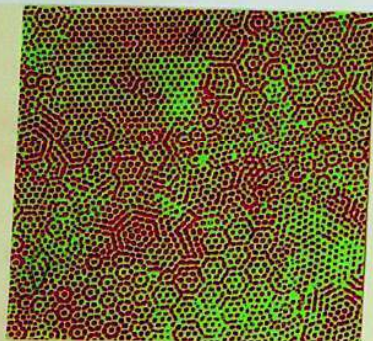
A 9" batting (insulbright) if it's a potholder



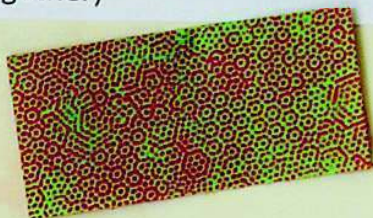


The Folded Star Potholder  
instructions:

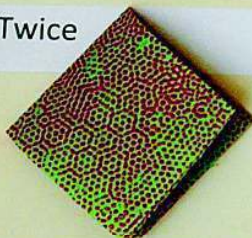
For the 3 ½" squares and the 5" square:



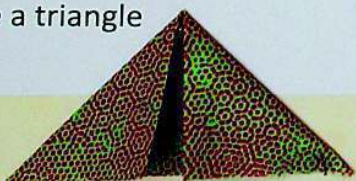
Fold once (fold wrong sides together)



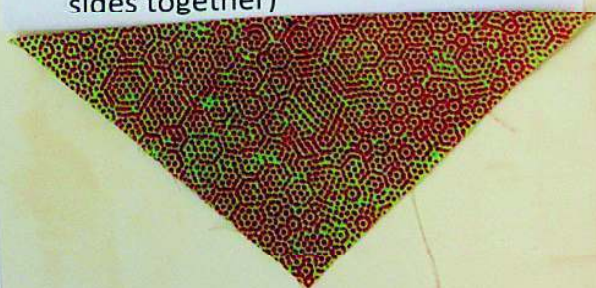
Fold Twice



Unfold and fold diagonally to make a triangle



For the 6" square:  
Fold on the diagonal (wrong sides together)



Fold again to make the tips meet (it will end up a square).



Bring fabric, foundation, glue stick and a small iron (optional)

TSW- May 16      Prairie Point Placemat/Potholder on Foundation.

There are 5 pages of instructions (each in a separate file).

The prairie points (PP) are much more regular if you starch the fabric first, press the creases sharply, and make sure the tips and points line up.

When you apply glue, you just need enough to hold the PP in place (no need to slather it on!).

Before sewing, iron the project flat, sandwich the top, batting and backing- the sewing is the quilting. For sewing: use a #100 or other large needle (lots of layers to sew through) and sew slowly. Carolle uses soft and stable batting (available from Janice Rodgers.) If you are making a pot holder, make sure it is thick enough to function as a pot holder!

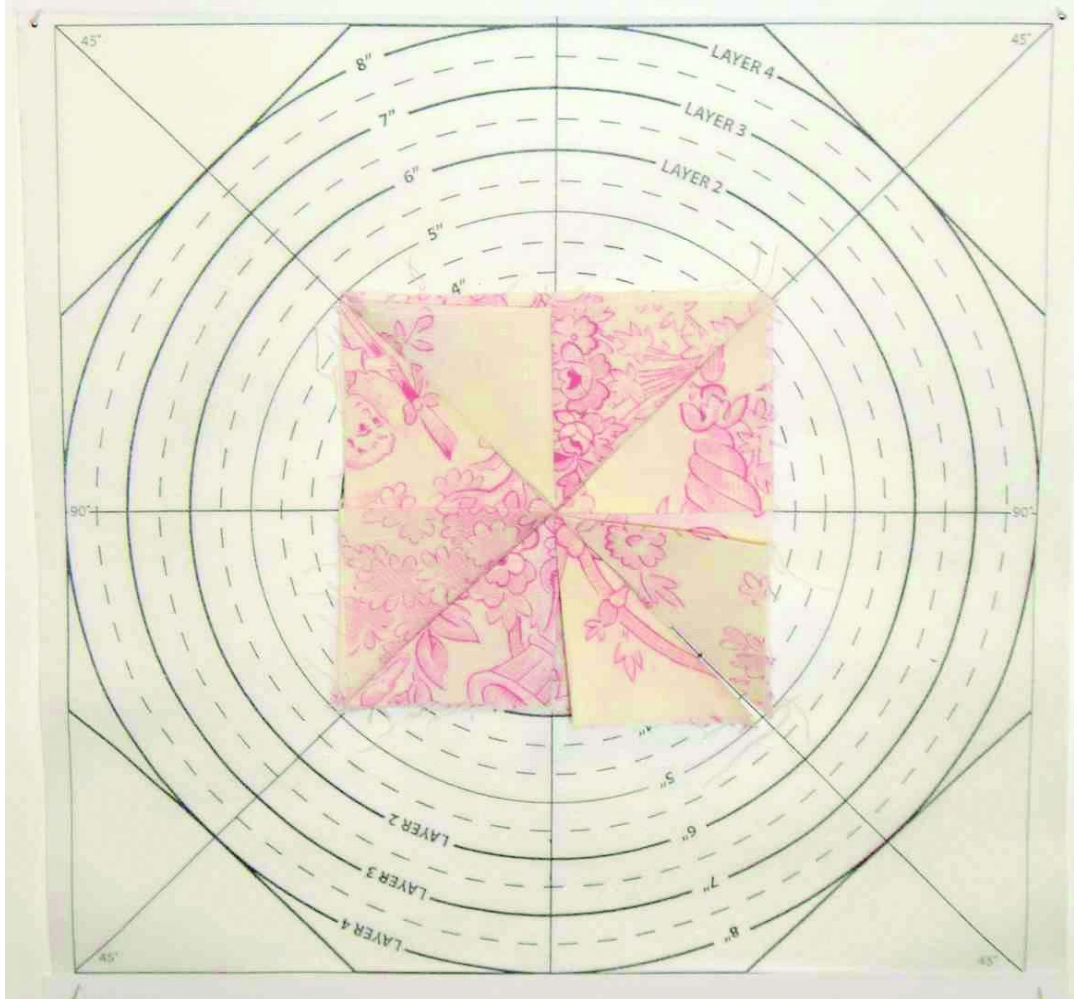
Carolle first sews "in the ditch" along the vertical, horizontal and diagonal lines (lifting the flaps out of the way as you sew. Then echo quilt approx 1/4" from the last visible star (you will be sewing on the last fabric. )

For pot holders, cut the sandwich to an exact 8" square by following the lines of the foundation square. Then bind it and you are finished.

### **Placemat**

If you want a placemat, rather than a pot holder, you may add your "borders" after you trim to 8" and before you sandwich and sew, to make either a larger square or a rectangle. If you have added borders, you will need to decide what to quilt in those areas. Bind after quilting.

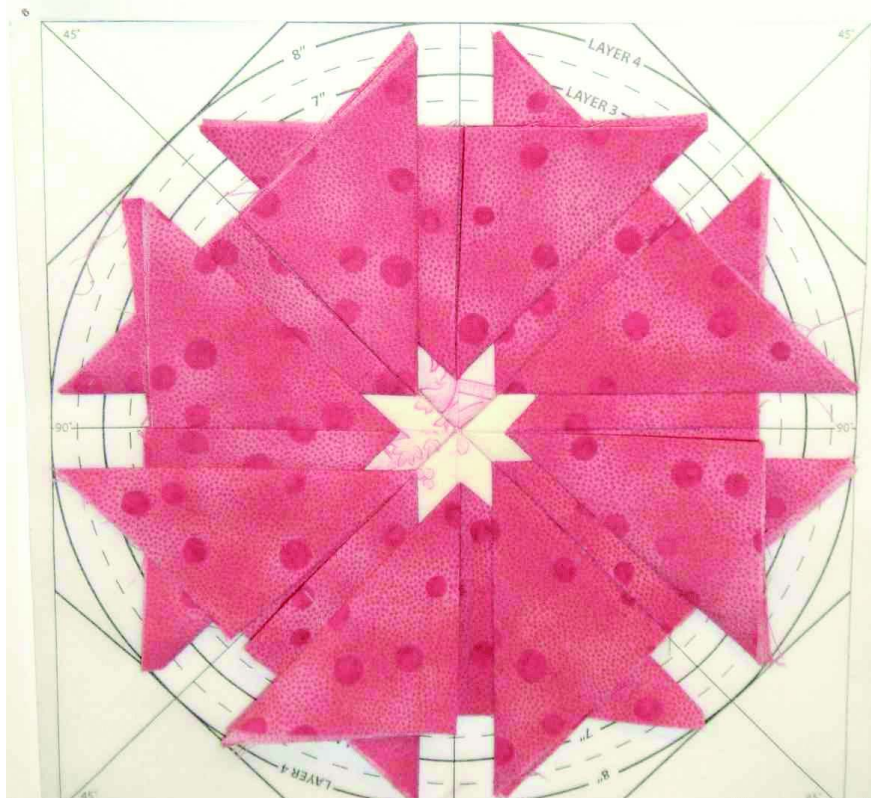
**STEP ONE: PLACE THE 2" SQUARE (WITH GLUE ON THE BACK) IN THE MIDDLE OF THE FOUNDATION. AFTER GLUING THE FOLDED 3 ½" SQUARES (THEY'RE TRIANGLES) PLACE THEM OVER THE SQUARE FOLLOWING THE LINES ON THE FOUNDATION.**



Note: the folded centers of the prairie points line up with the horizontal and vertical lines, and all the prairie point tips meet in the center.

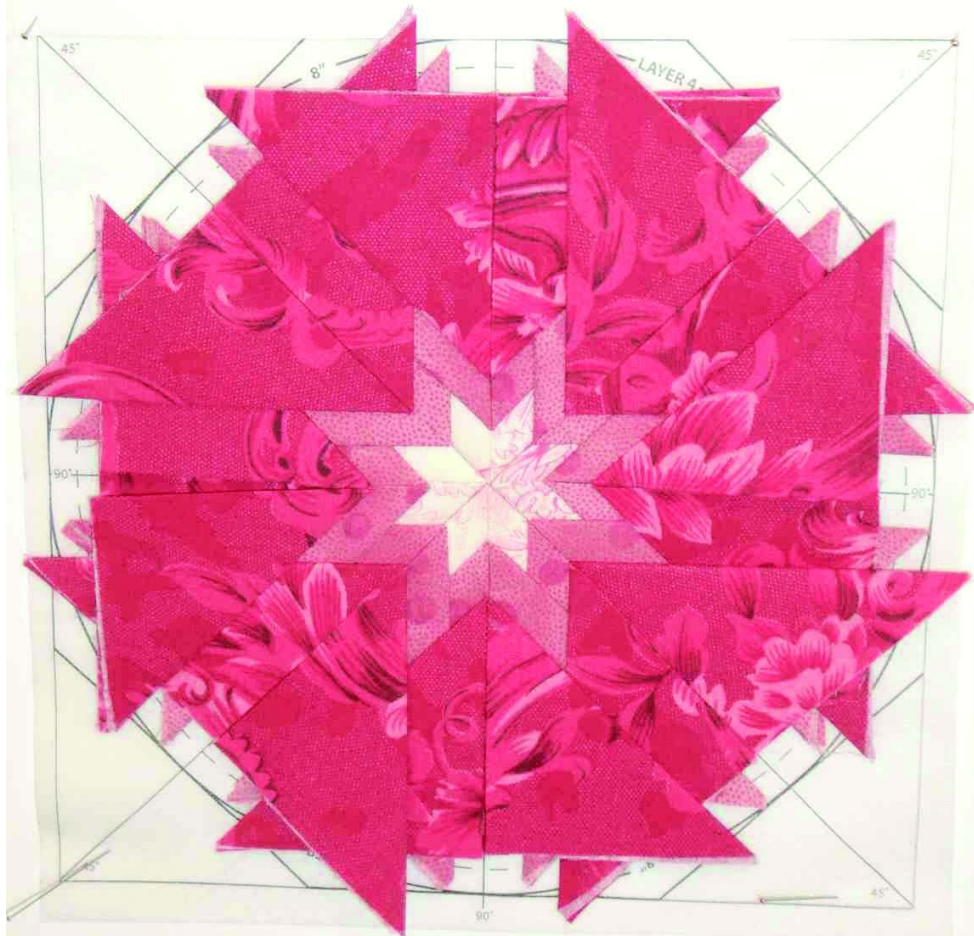


**STEP TWO: GLUE THE 5" FOLDED TRIANGLES AND BEGIN TO PLACE THEM ON "LAYER TWO" OF THE FOUNDATION. USE THE 90 AND 45 DEGREE LINES AS YOUR GUIDE AND MAKE SURE THE TIPS OF THE TRIANGLE ALIGN. PLACE THE TRIANGLES SO THEY OVERLAP ONE ANOTHER CONSISTENTLY.**



Notes: start anywhere you want. You will only glue one half of the first Prairie Point (PP). Like Layer 1, the center folds of the PPs should line up with the horizontal, vertical and diagonal lines. The center of the base of each PP should line up with the ring that says Layer 2. Add a PP on top of the glued side of the first PP, and continue in this fashion until you add the 8<sup>th</sup> PP - you will need to lift the un-glued side of the first PP.

**STEP THREE: REPEAT STEP TWO BUT PUT  
THE TRIANGLES ON "LAYER THREE".  
REMEMBER TO ARRANGE THE TRIANGLES  
SO ONE SIDE OF THE TRIANGLE OVERLAPS  
THE OTHER ONE CONSISTENTLY.  
REMEMBER TO KEEP YOUR TIPS ALIGNED!**





STEP FOUR: THIS STEP IS LIKE THE PREVIOUS, EXCEPT YOU ARE WORKING WITH THE 5" TRIANGLE AND THE 6" SQUARE. START WITH THE TRIANGLE AND AFTER GLUING IT PLACE IT ON "LAYER FOUR" AT THE 90 DEGREE LINE. NEXT PLACE A 6" SQUARE AT THE 45 DEGREE LINE. ALIGN YOUR TIPS AND CONTINUE ALTERNATING TRIANGLES AND SQUARES WITH A CORNER OVER AND A CORNER UNDER CONSISTENTLY.

