

# SRQG Technique Sharing Workshop, April 20, 2017, by Jim Jensen

## Non-Slip Foot Pedal Pad

### Materials for a 4" x 6" food pedal:

Non-slip spongy shelf liner material -

2 pieces, 6" x 9"

Batting - 5" x 8"

Fabric for roll - 8" x 10"

2-1/2" wide strip for binding - 36" or 2 x 6-1/2" strips and 2 x 9-1/2" strips

Newsprint or paper

Pins, binding clips

### Directions:

This pattern is designed for a 4" x 6" foot pedal. If your foot pedal is larger, adjust the pattern to allow 1" extra on the sides and 1-1/2" to 2" top and bottom.

Don't make it too large or it will become a magnet for all your thread bits.

Using your rotary cutter or scissors, cut two identical pieces of the liner.

Align the 2 pieces of shelf liner together.

Fold the 2-1/2" strips wrong sides together and press.

When sewing the binding around the outside of the two layers of liner, you might find that the liner is grippy and wants to stick to the surface of your sewing machine. If that's the case, slip some newsprint or regular paper underneath to help it feed through. The paper perforates as it sews and is easy to remove.

You can also do this as four separate binding pieces and tuck the ends down. It doesn't have to be perfect binding unless you insist. No one is going to see it.

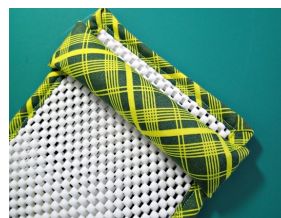
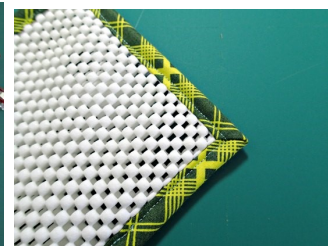
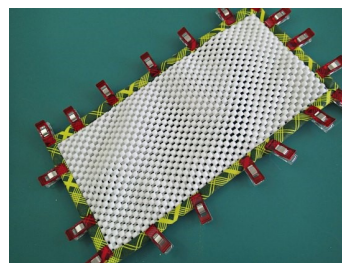
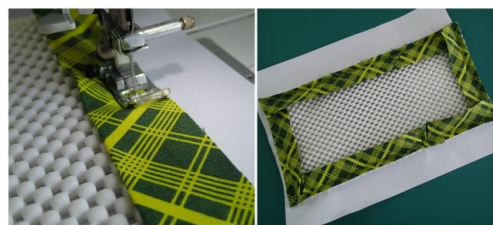
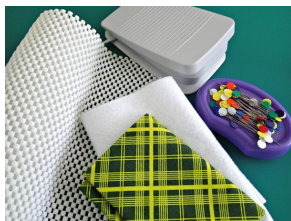
Sew the 2-1/2" folded binding to the front, then fold it over and machine stitch to the back.

To keep the pedal from moving away from your foot, create a stopper roll across one end.

Lay the batting piece near one end of the wrong side of the fabric. When the batting is placed, roll it up leaving an inch beyond the end of the batting.

Turn under the raw edge of the left over fabric, roll it up and hand stitch to complete the roll. The ends should be thin without the batting so these will be easier to sew down. If there is too much fabric in the ends of the roll, you can snip out the center with your scissors.

Fold the ends of the roll 1/4" and fold again under the sides of the pad to the back side. Hand stitch in place on the back.



Based on a design by so-sew-easy.com

[http://so-sew-easy.com/non-slip-sewing-machine-foot-pedal/](http://so-sew-easy.com/non-slip-sewing-machine-foot-pedal-pad/)