

CONTINUOUS BIAS BINDING CHEAT SHEET
TSW JUNE 21st, 2018

Continuous Bias Binding

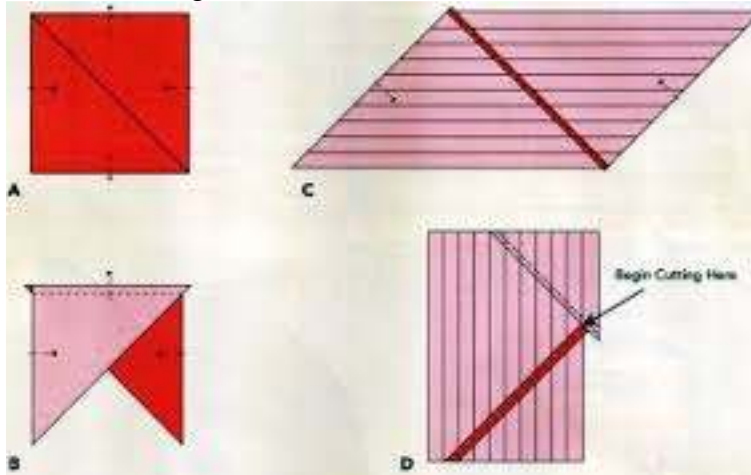
(Finished Lengths Approximate - If in doubt, make extra)

Square size in inches	Finished strip 2 inch width
10 x 10	50 inches
14 x 14	98 inches
16 x 16	128 inches
20 x 20	200 inches
24 x 24	288 inches
30 x 30	450 inches
40 x 40	800 inches

Square size in inches	Finished strip 2.5 inch width
10 x 10	40 inches
15 x 15	90 inches
20 x 20	160 inches
25 x 25	250 inches
30 x 30	360 inches
35 x 35	490 inches
40 x 40	640 inches

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If you prefer 2.25" binding, a 40" square should produce approximately 720" or about 20 feet of binding.



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Figure A –

- Cut off all selvages.
- Cut fabric into a perfect square.
- Draw a line between one corner and the opposite corner (diagonally).
- Cut along the line, so you end up with two identical sized triangles.

Figure B –

Pin and sew two straight grain edges together as shown in the exact configuration in Figure B. Do NOT sew along the long bias edges.

Figure C –

- Carefully press (not iron) the seam open, so it does not get stretched.
- Lie the fabric right side down exactly as shown in Figure C, so it forms a parallelogram.
- Determine how wide you want your binding, i.e., 2", 2.25" or 2.5".
- Look at Figure C. Starting at the top, draw a line the width you want your binding. Continue drawing your desired width lines until you reach the bottom of your fabric.

Figure D – Now...You will form an **OFFSET** tube!

- With right sides together, match up the **first line** on one side of your fabric with the **second line** on the other side of your fabric to form a tube. Note: Use a pin to match the connection points for sewing to ensure accurate measuring.
- Pin each match point.
- Sew seam.
- Using your best fabric scissors, start cutting on the line where your seam is offset. Follow the line you drew and cut carefully on the line around and around until all the fabric is cut. You will end up with one long piece of binding.